

Personal Care Humectants

Dennis Abbeduto, Personal Care Product Manager



WASH YOUR HANDS

PREVENT ILLNESS BY WASHING YOUR HANDS!



1 Wet your hands



2 Apply soap



3 Lather & scrub (20 secs)

DONT FORGET TO WASH:

- between your fingers
- under your nails
- tops of your hands



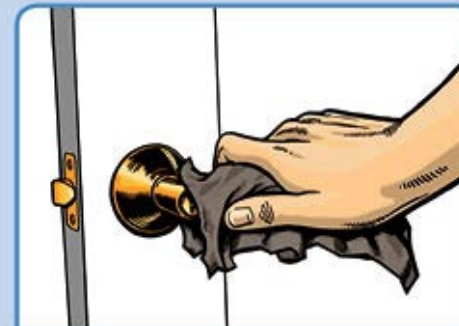
4 Rinse (10 secs)



5 Turn off tap



6 Dry your hands



7 Open door with paper towel

Outline

- Emollient vs Occlusive vs Humectant
- Humectant Examples
- Building a Better Humectant
 - Chemistry
 - Product Safety
- Moisturization Efficacy
 - In-vitro
 - In-vivo
 - Leave on
 - Rinse off
- Additional Application Data

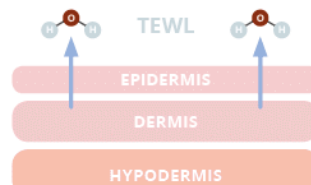
Compound Interest – Andy Brunning @compoundchem

THE CHEMISTRY OF MOISTURISERS

Whether you're suffering from sunburn in the summer, or dry skin in the winter, moisturisers are on hand to help. This graphic takes a look at some of the different compounds that moisturisers combine, and how each of the groups of compounds act to help produce a moisturising effect.

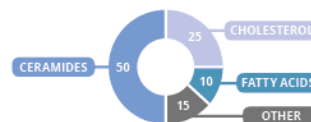


SKIN & WATER LOSS



The skin has 3 main layers. The middle layer, the dermis, has several roles which include storing water. Transepidermal water loss (TEWL) is a normal process of water loss through the epidermis; moisturisers aim to reduce this water loss.

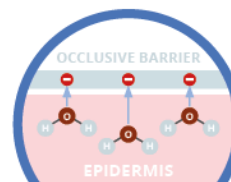
THE EPIDERMIS



Approx. lipid composition of stratum corneum

The epidermis is composed of five sub-layers. The uppermost of these is the stratum corneum, which is made up of dead skin cells surrounded by proteins. Ceramides, fatty acids and cholesterol fill the gaps between cells, limiting transepidermal water loss.

OCCUSIVES

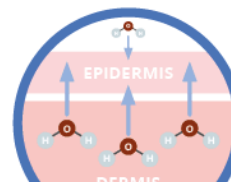


PETROLATUM

Mixture of hydrocarbons with 25+ carbon atoms
Other occlusives include lanolin & silicones

Occlusive agents prevent water loss by forming a hydrophobic barrier over the stratum corneum (the upper layer of the epidermis). Vaseline is an example of an occlusive moisturiser. Though effective, they make skin feel greasy.

HUMECTANTS

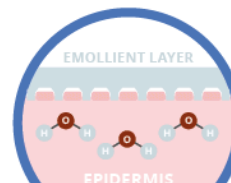


GLYCERIN (L) & SORBITOL (R)

Other humectants include urea, sodium lactate, & hyaluronic acid

Humectants are hydrophilic, and help draw water from the dermis to the epidermis. At humidity higher than 80%, they can also draw water from the atmosphere. Evaporation from skin as a result can also cause extra dryness, however.

EMOLLIENTS



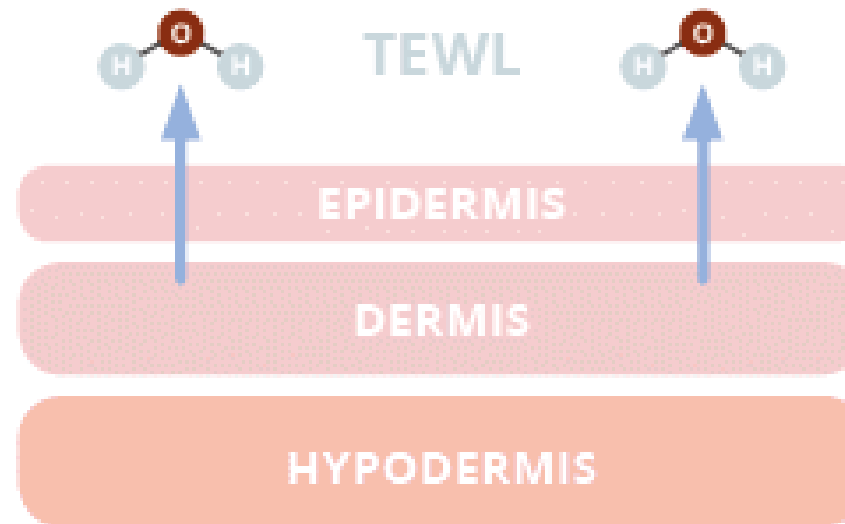
GLYCOL STEARATE (L) & CHOLESTEROL (R)

Others: ceramides, squalene, & fatty acids.

Like occlusives, emollients can form a barrier to TEWL when applied heavily. They can also reduce TEWL by helping 'plug' the gaps between corneocytes (dead skin cells), replacing absent natural skin lipids, and help smooth roughened skin.

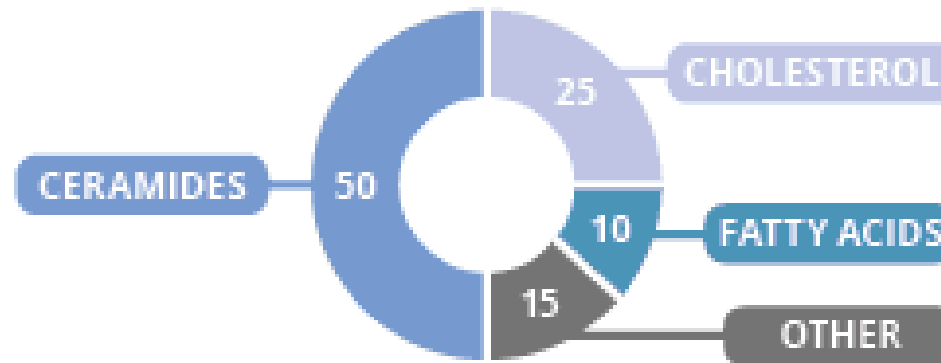


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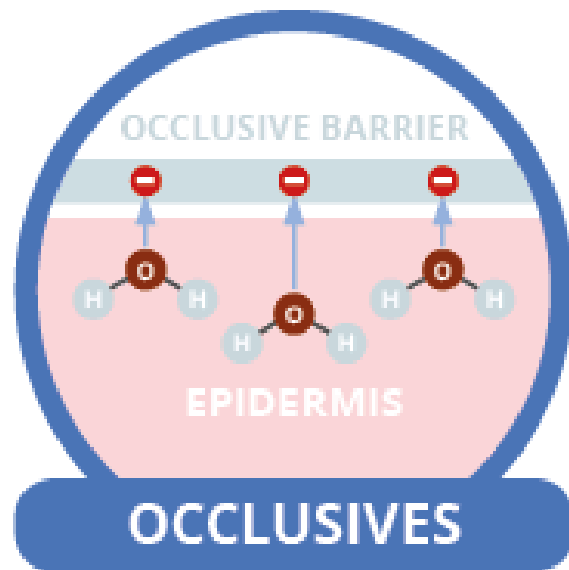
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Occlusives

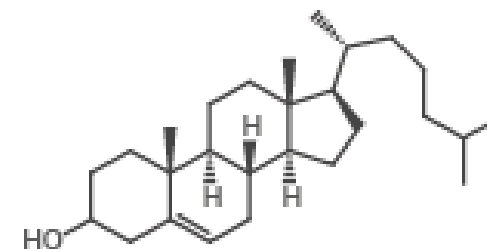
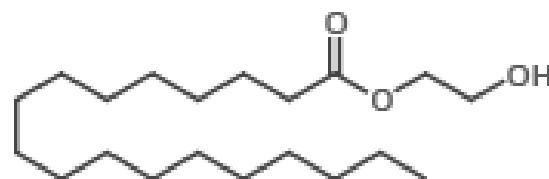
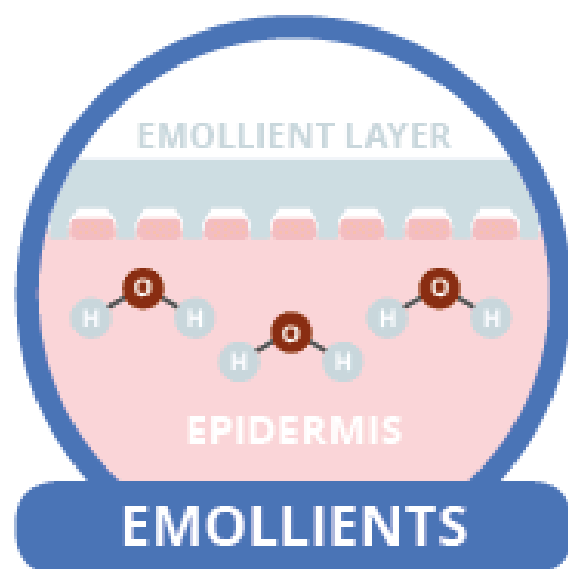


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Emollients

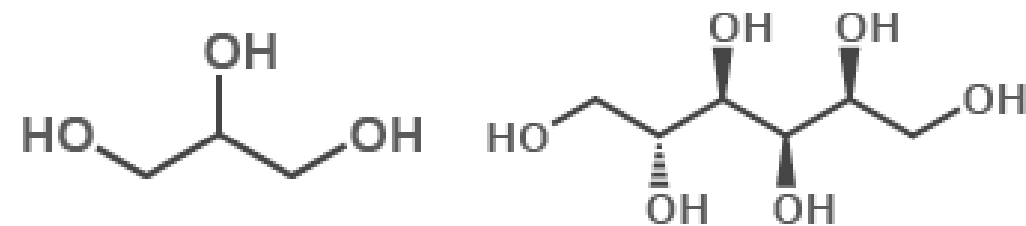
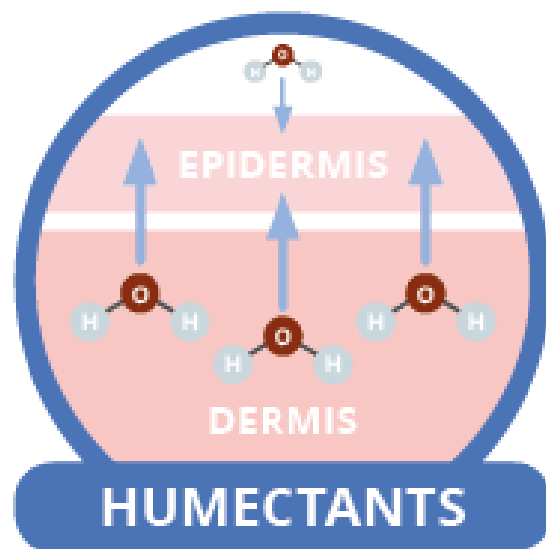


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Humectants

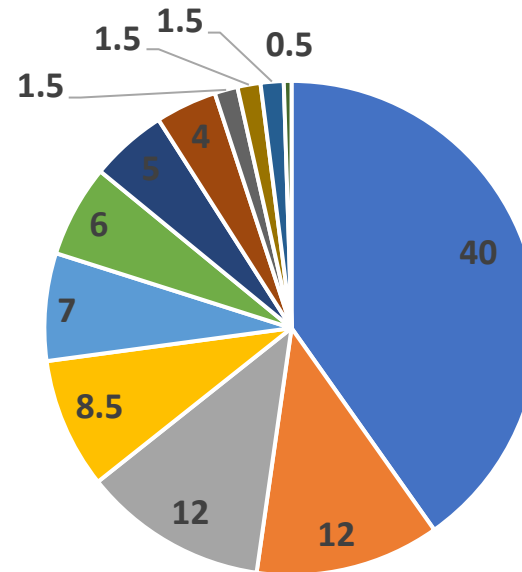


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NMF Components

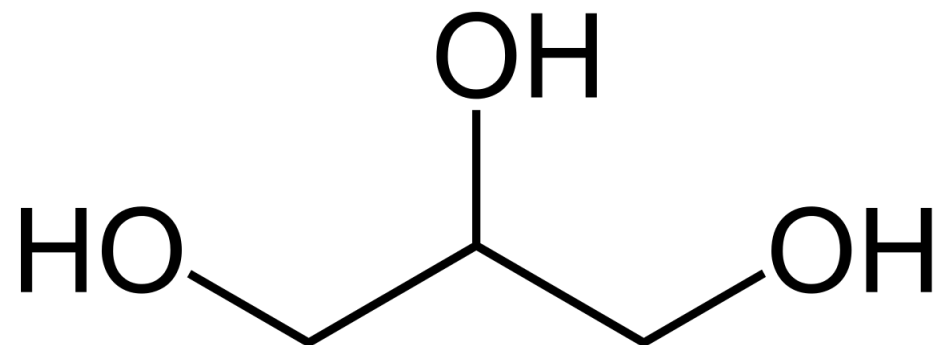


- Free amino acids and urocanic acid
- Lactate
- Urea
- Sodium
- Calcium
- Ammonia, creatine, uric acid, glucosamine

- Pyrrolidone carboxylic acid (PCA)
- Sugars, organic acids, peptides, etc.
- Chloride
- Potassium
- Magnesium
- Phosphate

The Workhorse - Glycerin

- Pros
 - Low Cost
 - Efficient water binding
 - High skin compatibility
- Cons
 - Tackiness
 - No substantivity

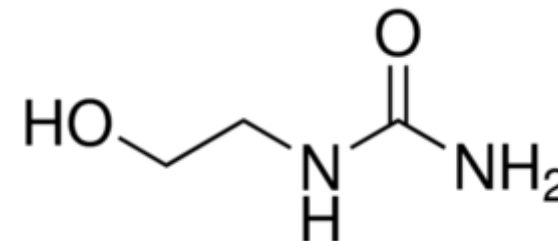
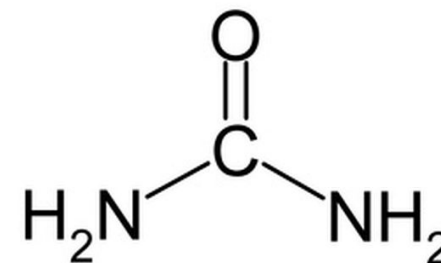


Other Common Humectants

- Glycols
 - Propylene Glycol
 - Dipropylene Glycol
 - Pentyleneglycol
- Sugar alcohols
 - Mannitol
 - Sorbitol
 - Xylitol
- Polyols/Polysaccharides
 - Maltitol
 - Cellulose
 - Galactoglucoarabinomannan
- Hydroxy acids
 - Lactic Acid
 - Glycolic Acid
 - Tartaric Acid

Nature-Inspired Improvements

- Urea
 - An important endogenous NMF component
 - Has limited water binding efficiency
- Potential to improve by adding more water binding sites
- Urea + MEA = Hydroxyethyl Urea (+NH₃)
- Improved moisturization but...
 - pH instability
 - Trace DEA



Other Nature-Inspired Chemistry

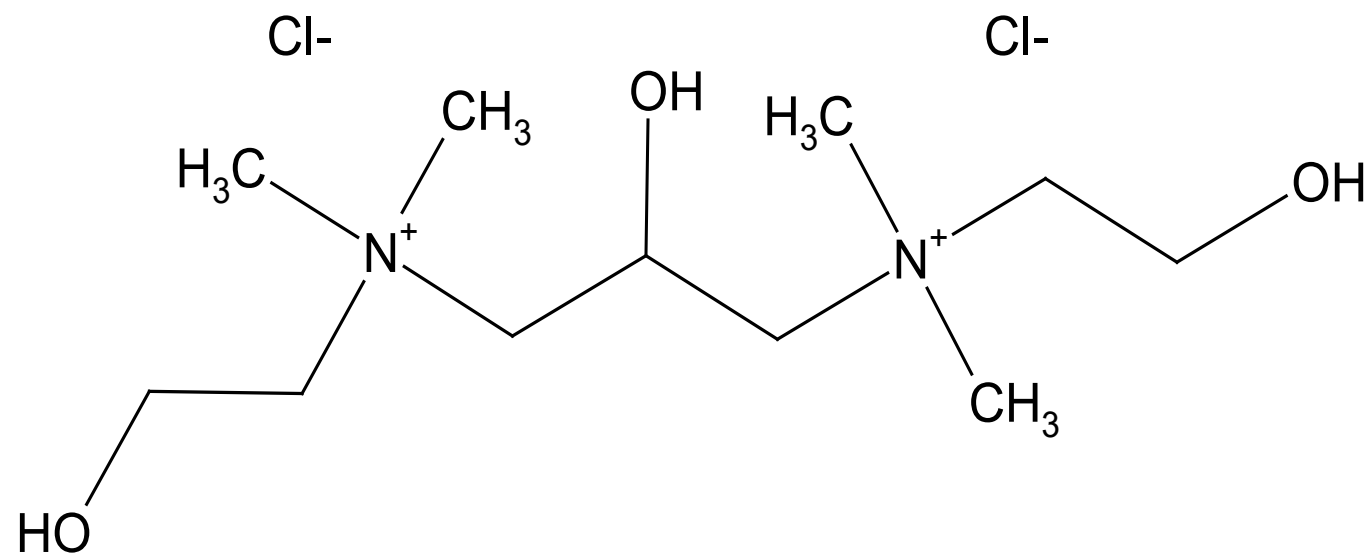
- Small molecules
 - Acetamide MEA
 - Lactamide MEA
- Hybrid Emollient/Emulsifier/Humectants
 - Sorbitan Oleate
 - Polyglyceryl-3 Oleate
- Ethoxylates
 - Methyl Gluceth-20
 - Sorbeth Tetraoleate

New Chemistry – Cola[®]Moist 200

INCI NAME Hydroxypropyl Bis-Hydroxyethylidimonium Chloride

CAS NO. 110528-94-4

LISTINGS TSCA, NDSL, REACH, IECIC



Cola[®]Moist 200 Toxicity Testing

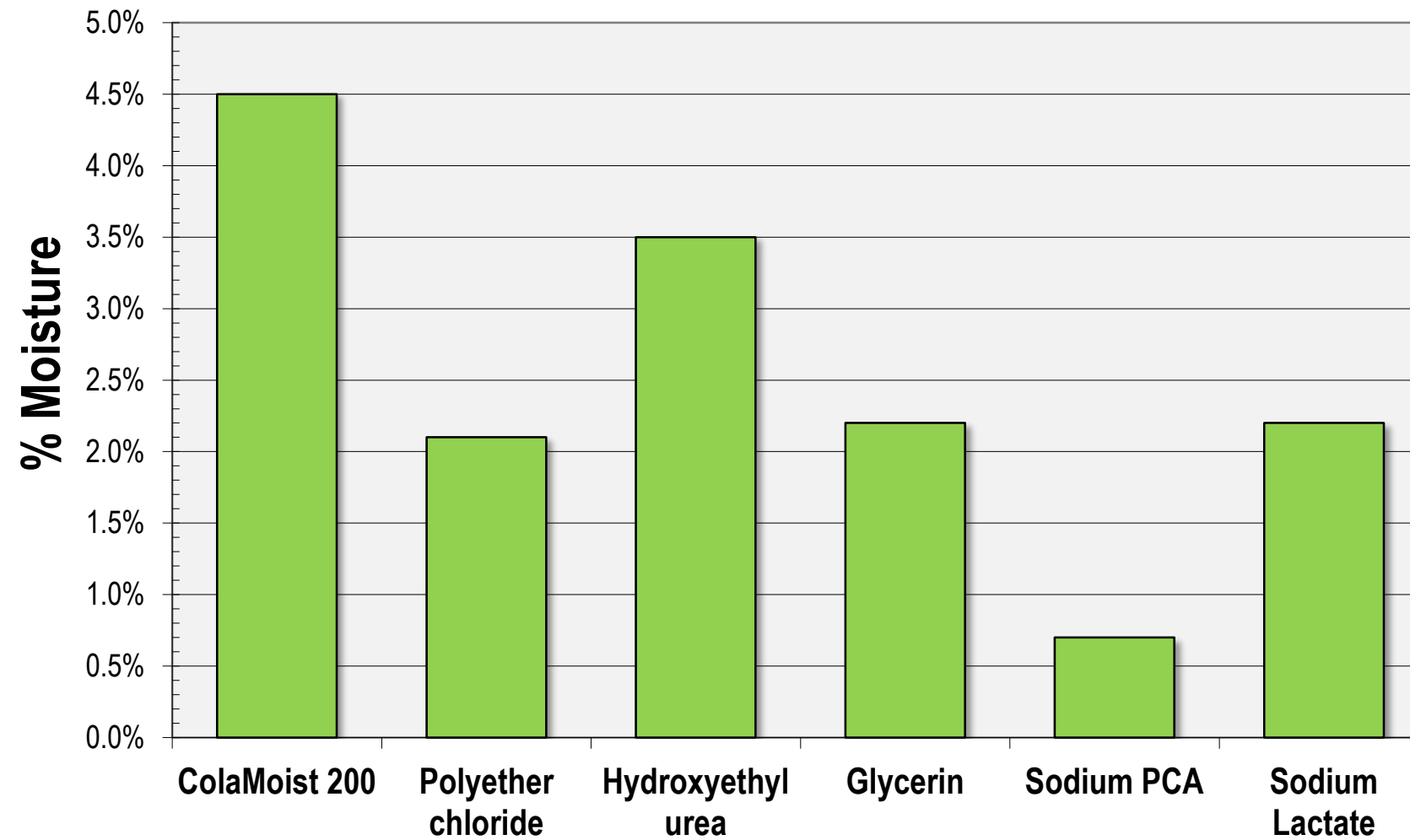
- Eye irritation
 - HET-CAM testing
 - 5% solid solution – Score 2.5 (Non-irritating)
 - MatTek EpiOcular
 - 2% solid solution – ET-50 >256min (Non-irritating)
- Skin irritation
 - 48 hour patch test
 - 5% solid solution – No irritation
 - HRIPT
 - 5% solid solution – No sensitization
- Mutagenicity
 - Ames assay
 - 5% solid - No genotoxic activity

Cola[®]Moist 200 Moisturization Efficacy

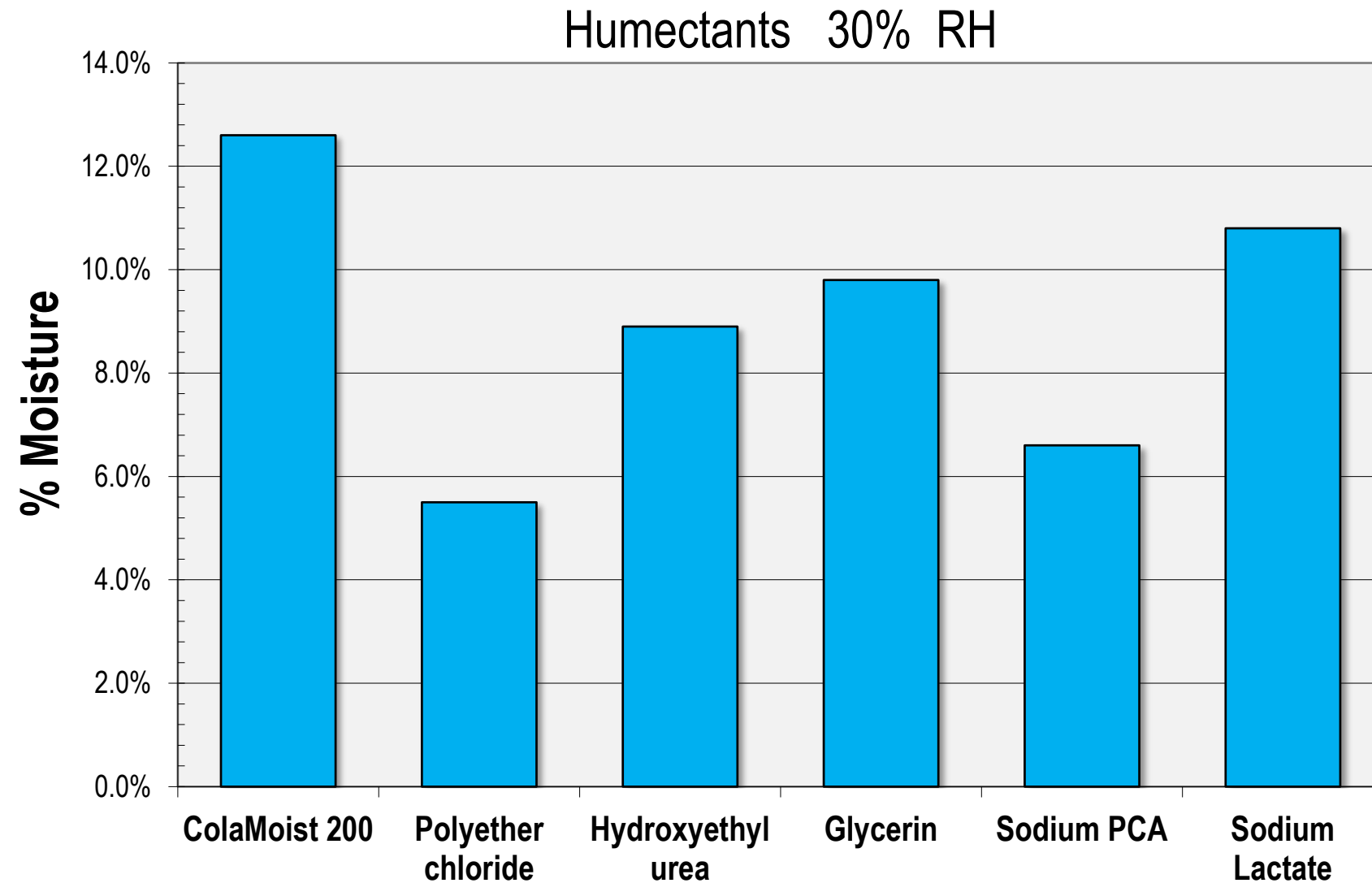
- Water binding test
- Rubine dye test
- Lotion efficacy
- Rinse off efficacy

Cola[®]Moist 200 Water Binding – Very low humidity

Humectants 10% RH



Cola[®]Moist 200 Water Binding – Low humidity



Rubine Dye Test

- Background
 - Rubine dye is anionic and adheres strongly to substrates with free cationic charge at the surface
 - Increased dye intensity under identical treatment conditions indicates higher substantivity cationic molecules to the substrate
- Cola[®]Moist 200 Test
 - 2% solution of Cola[®]Moist 200 was applied to non-mercerized cotton skein
 - Negative control skein treated with water
 - Skeins were rinsed thoroughly with water before applying rubine dye solution
 - After 30 seconds, the rubine dye solution was rinsed from the skeins with water
- Results
 - Cola[®]Moist 200 displayed strong dye retention compared to indicating the retention of Cola[®]Moist 200 on the test substrate.
 - Skeins treated with surfactant solution containing Cola[®]Moist 200 demonstrated similar substantivity

Rubine Dye Test

Negative Control



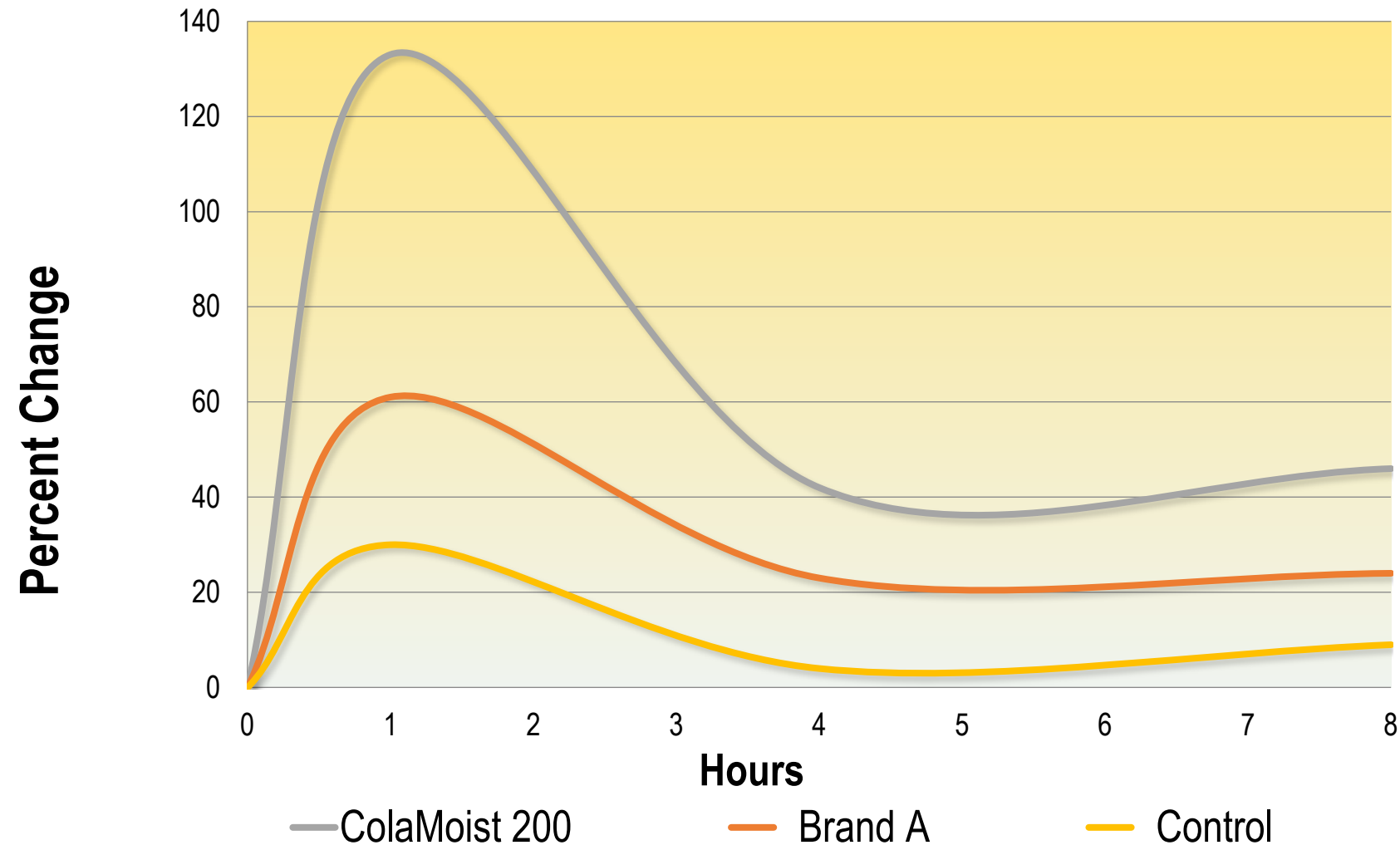
Cola®Moist 200 – 2%



Skin Moisturization Study – Leave On

- Background
 - Cola[®]Moist 200 was compared to a leading glycerin replacement
- Study Design
 - Each test article was added at 5% as supplied to a neutral lotion base
 - 10 healthy skin volunteers
 - Lotion base and lotions containing test articles were applied to each volunteer on volar forearm
 - Skin moisturization measured with Nova DPM 9003 at baseline and 2, 4, 6, 8 hours after application
- Results
 - Cola[®]Moist 200 significantly improved moisturization over the base lotion and the competitive material throughout the 8-hour study

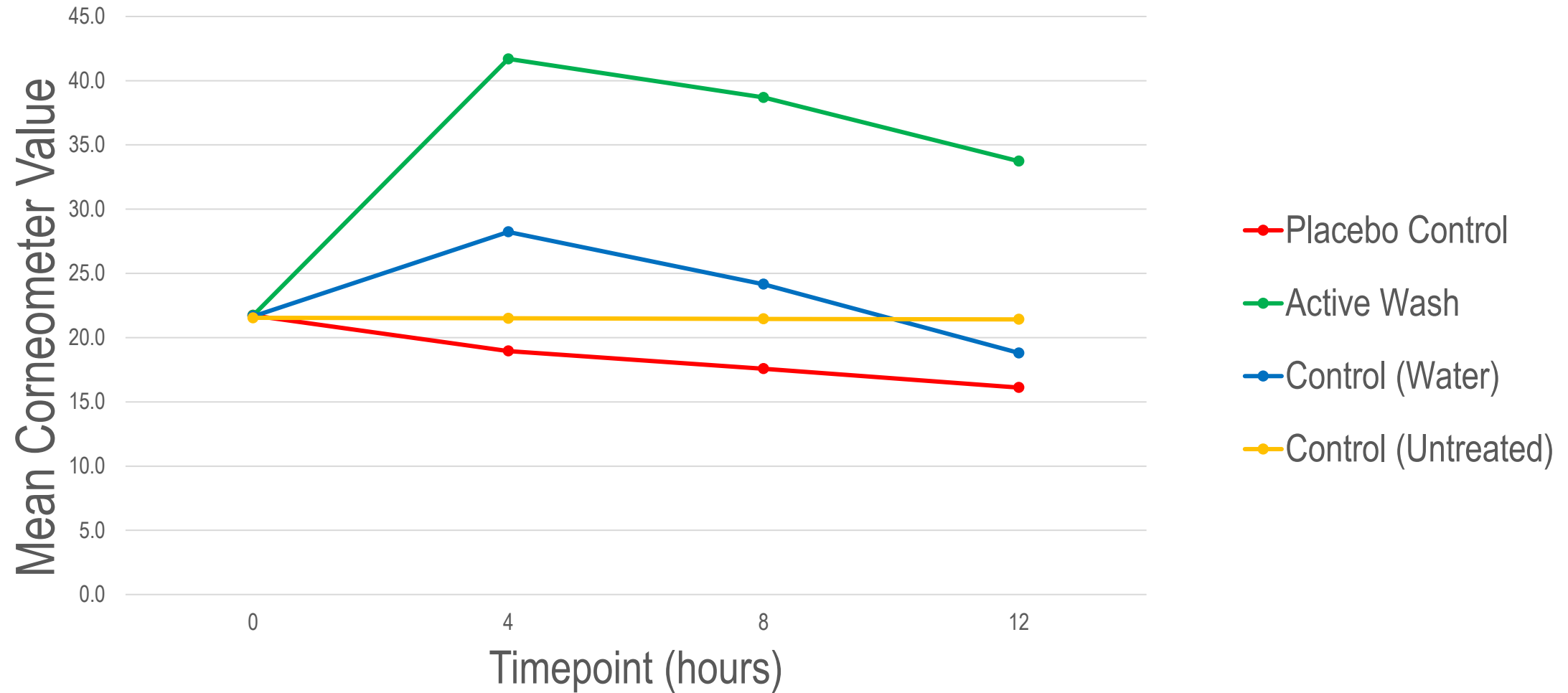
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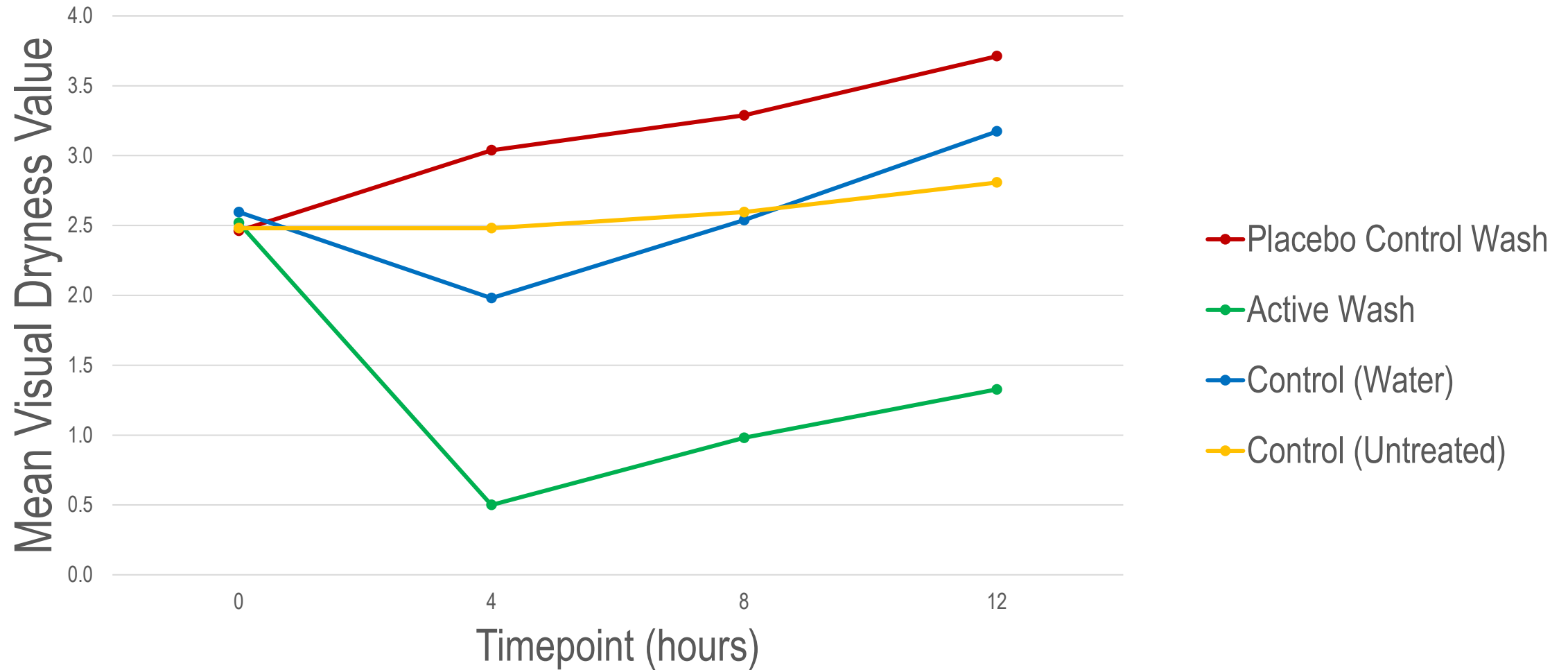
Skin Moisturization Study – Rinse Off

- Background
 - A sulfate-free body wash was compared to the same body wash containing 3% Cola®Moist 200 (as supplied)
- Study Design
 - 26 healthy, dry skin volunteers (Dryness Score 1.5 – 3.0)
 - LCAT (Lower Leg Controlled Application Test) Design
 - 4 test sites: Placebo control wash, active wash, water control, untreated control
 - Skin moisturization was measured with visual grading and Corneometer® at baseline and 4, 8, 12 hours after application
- Results
 - The sulfate-free body wash with Cola®Moist 200 significantly improved moisturization over all other conditions throughout the 12-hour study

Skin Moisturization Study – Rinse Off



Skin Moisturization Study – Rinse Off



Cola[®]Moist 200 Applications

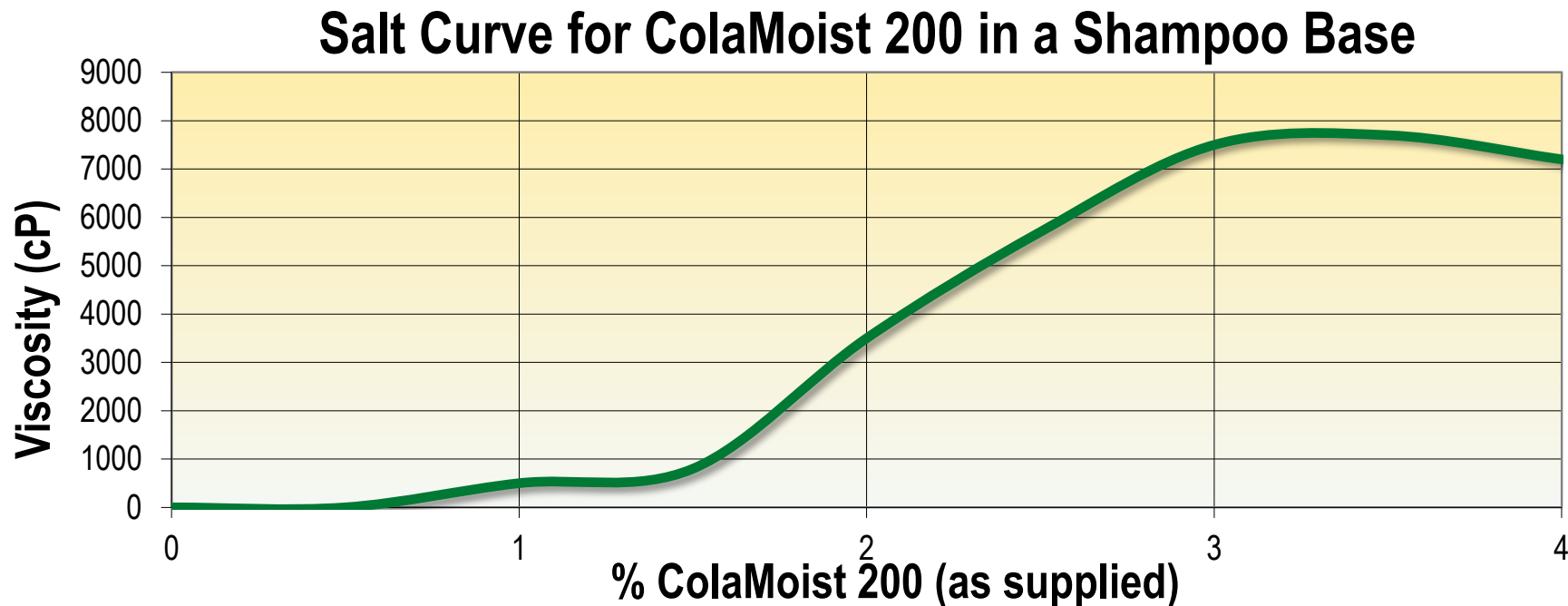
- Hair Care
 - Shampoos
 - Conditioning creams and rinses
 - Frizz/flyaway control
 - Volumizing products
- Personal Care
 - Soap bars
 - Liquid soaps
 - Facial cleansers
- Skin Care
 - Dry skin lotions and creams
 - Daily wear moisturizers
- Baby and Sensitive Skin Care

Effect on Emulsion Stability

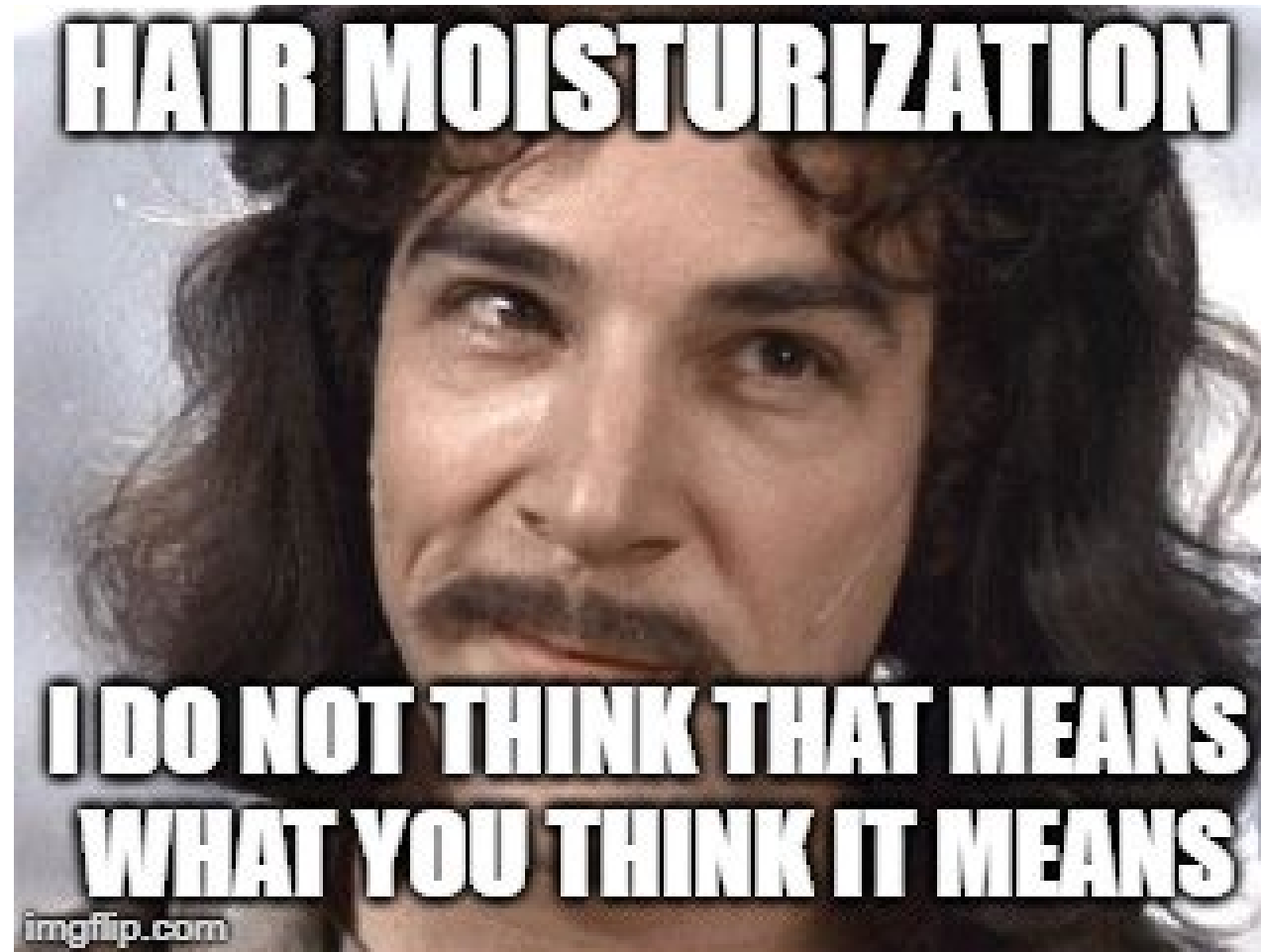
Base Formulation	Ingredient	%
	Isopropyl Palmitate	5
	Glyceryl Stearate & PEG-100 Stearate	3
	Coconut Oil	3
	Coco-Caprylate	2
	Cetyl Alcohol	1
	Water to 100	
	Citric Acid to pH 6	
Emulsion Stabilizers	Ingredient	%
	Cetyl HEC	0.3
	Guar Gum	0.8
	Xanthan Gum	0.6
	Carbomer	0.2
	High CD Guar Quat	0.5
Results with 3% Cola® Moist 200	Ingredient	P/F
	Cetyl HEC	Pass
	Guar Gum	Pass
	Xanthan Gum	Pass
	Carbomer	Fail
	High CD Guar Quat	Fail

Viscosity Response Curve in Shampoo Base

- Additions of nominal amounts of Cola[®]Moist 200 will promote a salting effect in traditional surfactant cleansing systems.
- Formulators may be able to completely avoid adding sodium chloride to a system with Cola[®]Moist 200.

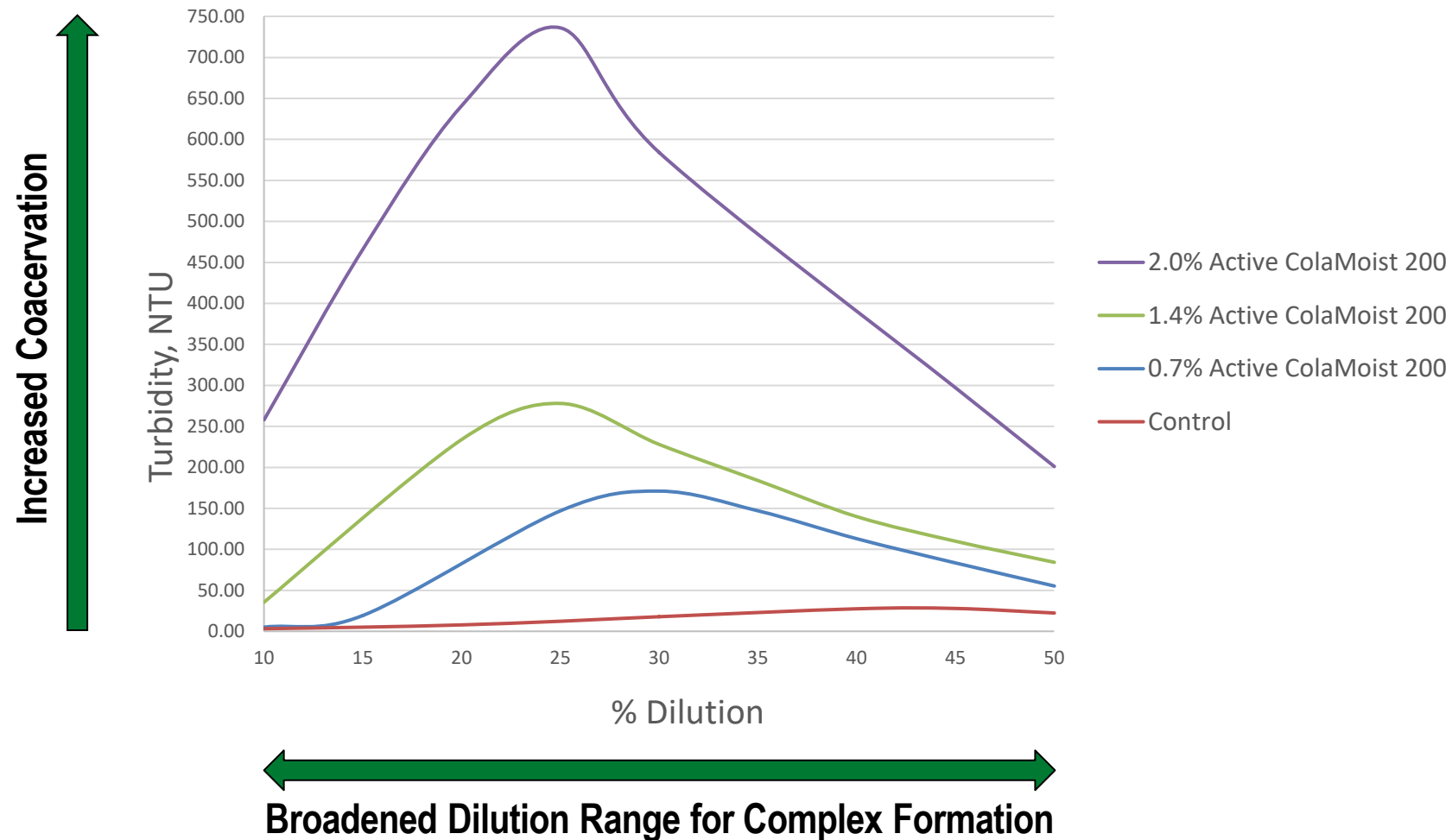


Hair Moisturization



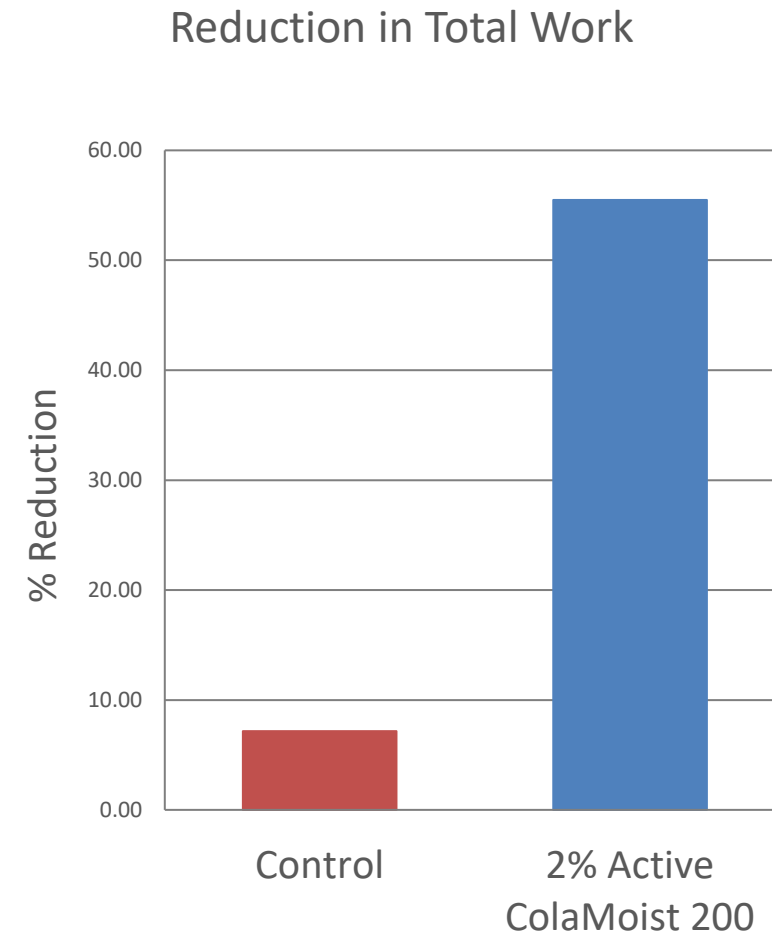
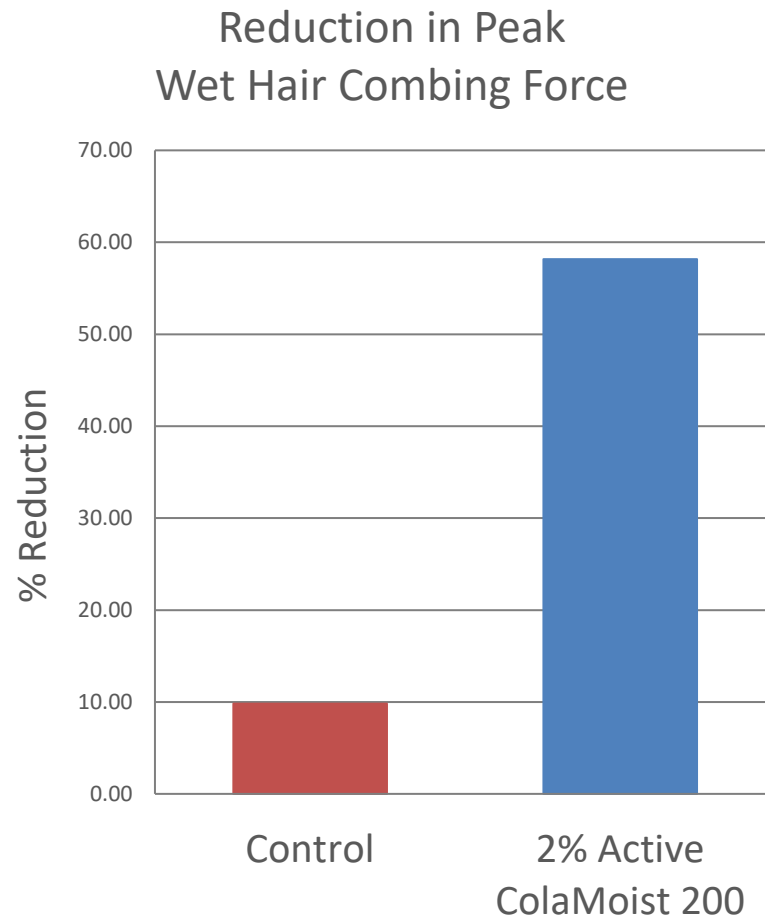
Cola[®]Moist 200 Promotes Coacervation

Turbidity Results for Dilutions of Base Formula (11.5% SLES-2, 2.6% DSCADA, 0.5% PQ-10) in DI Water



Cola[®]Moist 200

Dia-Stron Wet Combing Results for Base Formula (11.5% SLES-2, 2.6% DSCADA, 0.5% PQ-10) on bleached brown hair



Cola®Moist 200 in Formulation

Nourishing Hand Wash (Sulfate-Free, Betaine-Free) 

4040

INCI Name	Trade Name	%
Water	Water	qs to 100.00
Water, Sodium C14-16 Olefin Sulfonate, Cocamidopropyl Hydroxysultaine, Cocamide MIPA	Cola®Det DEF-61	35.00
Hydroxypropyl Bis-Hydroxyethylmonium Chloride	Cola®Moist 200	3.00
Water and Glycol Distearate and Sodium Hydroxypropylphosphate Decylglucoside Crosspolymer and Cocamidopropyl Hydroxysultaine and Sodium Stearoyl Lactylate	Suga®Det EcoPearl	3.00
Sodium Benzoate and Potassium Sorbate	Euxyl® K712 ¹	1.00
Fragrance	Oud Fragrance ²	0.20
Citric Acid	Citric Acid, 50%	qs to pH 5.5 – 6.0

TYPICAL PROPERTIES

Appearance	Pearled, Viscous Liquid
pH	5.5 – 6.0
Viscosity	4,000 – 6,000 cP
% Solids	15.8 – 17.4

Time Lapse Demo

- [Click here for video on Vimeo](#)

Wrap Up

- Humectants are important tools for skin moisturization
- Nature-inspired synthetic products can offer new benefits
- Formulators need to conduct a rational approach to demonstrating efficacy
- Improved moisturization from rinse-off products is possible

Webinar Series – Coming Events

- April 30 – Surfactants 101
- May 7 – Salt-free Surfactants
- May 14 – Alternate Preservation
- May 21 – Dioxane-Free Formulas
- May 28 – Sulfate-Free Formulas

• <https://bit.ly/2XXTbEO>



Colonial Chemical Presents

Personal Care Formulation Trends

Live Webinars for
Personal Care Chemists
Led by **Dennis Abbeduto**

Thursdays, April through May



Thank you!

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Product TDS/SDS/Formulations: <https://www.colonialchem.com>

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